

# SUMMER PROOF YOUR HAIR!

Overexposure to water and sun can translate to dry, dull looking hair and major fading for colored treated hair. The following tips will help you keep your hair looking fabulous all season long!

**USE PROTECTION:** Put on a hair mask or treatment before getting your hair wet at the beach/pool- This will create a protecting barrier between your hair and the elements. And ALWAYS use a leave in conditioner before styling!

**CLEANSE CAREFULLY:** Use the right shampoo and conditioner for your hair type/condition. There are a lot of different types of shampoos and conditioners on the market- use SALON PROFESSIONAL PRODUCTS and ask your stylist to help you determine which is best for you.

**TRY A GLOSS:** A gloss is a service that is done at the salon. It adds shine, protects the hair and locks in color. It is a great way to extend the life of your color between services.

**HYDRATE:** A weekly hydrating mask/treatment is essential! This can be done at home or at the salon (for a more concentrated treatment). It will help restore shine and moisture to your locks.

**PREVENT BUILDUP:** Chlorine, salt, and products can quickly wear out their welcome on your hair/scalp. Use a clarifying shampoo once a month or when you notice buildup (dull looking hair) to really cleanse your hair/scalp. Be careful not to overuse- clarifying shampoos also takes out color.

**COOL DOWN:** Do a quick shot of cool water at the end of your shower, this will help keep in color and shine!

**We are lucky to have the sun and the beach all year long in the Cayman Islands - so make sure to follow these tips always!**

**For more information call us at 945-1188**