

INTRODUCING GLACIAL SHELLS

The ultimate development in ice therapy. Targeting two problem areas, the Stomach and the Legs

How do they work?

Using Glacial Gel, a blend of minerals, sea kelp and algae, the shells actively release a chill helping to relieve tense and stiff areas, as well as lowering the blood flow in treated areas helping to inhibit pain and reduce inflammation.

Glacial Shells are also outstanding when combined with Lava Shells for a hot and cold massage treatment. The combination of the hot and cold on sensory points aids the breakdown of fatty tissues, stimulates a sluggish circulation, and moves uncomfortable build up in the digestive system, making this the most innovative heat and ice experience.

What the treatment includes:

The treatment includes legs, buttocks & stomach and lasts for one hour. During the treatment one heated and two chilled shells are used to massage the legs and stomach using long flowing movements. After the massage water retention is banished leaving you feeling less bloated and with a flatter stomach almost instantly.

Benefits of the Glacial Shell Detox Massage are:

- Invigorating treatment
- Alternating between hot and cold will cause the blood vessels to alternate between constriction and dilation. The end result will be a dramatic increase in circulation to the area being treated.
- Eliminates toxins.
- Improves general function of organs
- Eases emotional stress, IBS, bloating and menstrual cramps.
- Natural colonic and is ideal for weight loss programmes (in conjunction with a healthy eating plan)
- Promotes wellness and balance

It is recommended for best results to undergo one treatment a week for 3 weeks and then follow up treatments every 3 weeks.

For more information or a free consultation call us at 945-1188 or email appointments@eclipse.ky