

## **TREATMENT FOR SCARRING AND HYPER-PIGMENTATION**

If you see signs that your acne is leaving a scar on your skin, you don't have to grin and bear it. There are lots of ways to heal your scars and keep new ones from forming.

### **Treatments Available**

When it comes to acne scarring, Glycolic Acid still reigns supreme. It works as a powerful exfoliant which also evens out the top and bottom area of a scar. It is also capable of removing some of the gray appearance women often report along with their scarring. Acne scars are caused by the destruction of skin tissue as a result of a particularly bad blemish, and glycolic acid is capable of restoring what the pimple stole away. Scars have reportedly become flatter and less visible with the use of a glycolic acid product for 6 months to a year.

Here at Eclipse we offer a fantastic Glycolic Facial by Peter Thomas Roth, the perfect treatment to help with scarring and anti-aging.

### **Products Available**

There are hundreds of products out there that will claim to help reduce scarring and hyper-pigmentation. Two of our top selling products for treating these concerns are De-Spot – which helps to dramatically reverse the appearance of dark spots and discoloration, and the AHA / BHA Acne Clearing Gel - An advanced formulated gel that contains maximum strength Salicylic Acid 2% and potent Glycolic Acid Complex 10% which helps to clear up whiteheads, acne blemishes, blackheads, refine pores and help reduce the appearance of fine lines, wrinkles, acne marks and residual discolorations.

### **How to Prevent Scars or Help Scars Heal**

Stay out of the sun. Exposing scars to the sun can cause them to darken and slow the healing process.

Before heading outdoors, put on a broad-spectrum sunscreen with a sun protection factor (SPF) of 30 or higher.

Don't pick and squeeze scars. Picking leads to more inflammation and injury of your skin, which adds to the discoloration and scarring. Squeezing or trying to pop a pimple causes pus and bacteria to filter deeper into the skin, bringing on more collagen damage.

Don't use vitamin E on scars. You may have heard that applying vitamin E to a scar will help it heal faster. But according to a study from the University of Miami, applying the nutrient directly onto a scar can actually hinder its healing. In the study, vitamin E either had no effect or made matters worse for 90% of the patients, and 33% who put vitamin E on the skin developed a contact dermatitis.

**For more information or a free consultation contact us on 945-1188 or email us at [appointments@eclipse.ky](mailto:appointments@eclipse.ky)**